



Icebreaker - Name a movie that you quote almost daily. What is the quote?

Have someone read aloud Luke 1:26-38 and Luke 1:46-55

[Consider watching or listening to Dave's teaching together](#)

Conversation Starters

“Disruptions, surprises and detours are a part of every human life.”

1. Have you experienced a disruption, surprise or detour in life? How did you respond?
2. How did your faith or spirituality influence your response?
3. Do you agree with Dave when he said, the failure to see the truth above causes followers of Jesus to think they are guaranteed some kind of enhanced protected life? Consequently when moments of disruption come, like they did for Mary, their response is to get angry with God or we can get frustrated with life. Have you experienced this?

“Our responses to the disruptions are impacted by our faith in God.” He went on to say we get a clue to Mary's faith by her response to the angel at the end of Luke 1:26-38 “I am the Lord's servant,” Mary answered. “May your word to me be fulfilled.”

4. It seems like what Mary knew for sure was she was a servant of the Lord. What do you know for sure, yesterday, today and tomorrow? How might this impact the way you deal with life disruptions, detours and surprises?
5. How do you respond to the following quote? In the second half of the spiritual life, you are not making choices as much as you are being guided, taught, and led - which leads to “choiceless choices.” These are the things you cannot not do because of what you have become, things you do not need to do because they are just not yours to do. **Richard Rohr**

“Many disruptions require a lifetime of strength, courage and trusting God.” Mary's life was full of personal tension. Many of us are living with tension these days, we all have to learn to manage tension. Tension comes from the difference between what we want or expect and the way things really are or the ways things turn out.

6. Some life disruptions create tension that never goes away. Can you name some of these kinds of disruptions?
7. What life disruptions have required you to live with tension or required great strength, courage or trust?

“Disruptions and pain are magnifiers in a world looking for God.”

8. Has a disruption, surprise or detour ever put a spotlight on your life? Explain.
9. How long did you need time to just keep breathing after your disruption?